

**6th Class Work**  
**25th - 29th January**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<p><b><u>Maths</u></b> Master Your Maths-Week 14 Continue with the next day Practice your tables (x7)</p>	<p><b><u>Maths</u></b> Master Your Maths-Week 14 Continue with the next day Practice your tables (x7)</p>	<p><b><u>Maths</u></b> Master Your Maths-Week 14 Continue with the next day Practice your tables (x8)</p>	<p><b><u>Maths</u></b> Master Your Maths-Week 14 Continue with the next day Practice your tables (x8)</p>	<p><b><u>Maths</u></b> Master Your Maths-Week 14 Complete your Friday Test Practice your tables (Test Yourself x7/x8)</p>
<p><b><u>English</u></b> <b><u>Spell It</u></b> Learn your next set of spelling words and do the next 2 activities in your spelling book. <b><u>Flying High</u></b> Read pg. 20-23 <b><u>Lift Off</u></b> Read Pg. 20</p>	<p><b><u>English</u></b> <b><u>Spell It</u></b> Learn your next set of spelling words and do the next 2 activities in your spelling book. <b><u>Flying High</u></b> Pg. 24 Answer A + B <b><u>Lift Off</u></b> Pg. 21 Answer Q 3 &amp; 4</p>	<p><b><u>English</u></b> <b><u>Spell It</u></b> Learn your next set of spelling words and do the next 2 activities in your spelling book. <b><u>Flying High</u></b> Read pg. 26-31 <b><u>Lift Off</u></b> Read Pg. 56</p>	<p><b><u>English</u></b> <b><u>Spell It</u></b> Learn your next set of spelling words and do the next 2 activities in your spelling book. <b><u>Flying High</u></b> Pg. 32 Answer Q A + B <b><u>Lift Off</u></b> Pg. 57 Answer Q 3</p>	<p><b><u>English</u></b> <b><u>Spell It</u></b> Learn your next set of spelling words and do the next 2 activities in your spelling book. <b><u>Flying High</u></b> Read Pg. 34 Poem <b><u>Lift Off</u></b> Pg. 57 Answer Q 5</p>
<p><b><u>PE</u></b> Reaction races</p>	<p><b><u>Irish</u></b> Bris an Cód</p>	<p><b><u>S.E.S.E</u></b> Interviews</p>	<p><b><u>S.P.H.E</u></b> Belly Breathing Mindfulness</p>	<p><b><u>Art</u></b> Everyday object doodling</p>



**5**

4	13	2	19		21	6	11	13	11	8	12	20	6

**6**

4	13	2	19		20	18	17	11	19	21

**7**

20	6	16	14	19	1		20	22	11	21	6

**8**

21	19	2	21	10		15	1		9	4	6	11	20	21

**9**

21	6	11	13	11	8	12	20

**10**

21	6	11	13	11	8	12	20		19	7	1	13	21	1	4	10	21	1	

### SESE

- Learning about our past. Ask your grandparent or parent can you interview them for 10 minutes to discover what life was like when they were younger. Here are some interview questions you can ask them-

- What was your favourite toy when you were a child?
- What was your favourite food?
- Did you enjoy school? Why/Why not?
- How did you get to school?
- What are the main differences between a child's life back then and a child's life now?

(If you can think of more questions, ask them!)

2. Using the information from your interview, write down how much you think life has changed from when your parent/grandparent was your age. Remember to explain **why** you think it is different.

(If you are not living with your grandparents, ask them can you zoom/facetime/skype or just give them phone call)

## S.P.H.E

Let's practice some mindfulness

Sit up nice and straight on a chair or on your bed. Breathe for one minute. What do you notice about your breath? Most people will feel themselves breathing from their chest.

Next, place one hand on your belly and one on your chest. Challenge yourself to breathe using your belly. You should feel your hand move out when you breathe in, and in when you breathe out. The hand on your chest should be still.

Practice this 'belly breathing' for 1 minute. Write down how you feel after this activity.



## Art

Today you will let your creativity go wild!

Go on a scavenger hunt in your house and find as many small, everyday items as possible. You can use anything like a shell, a paperclip, coins, a pen, a spoon etc.

Grab a piece of paper and pencil, lay down your objects and draw a picture using your items. Be as creative as possible!

Have a look at these versions for some inspiration:



Enjoy the work 😊

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