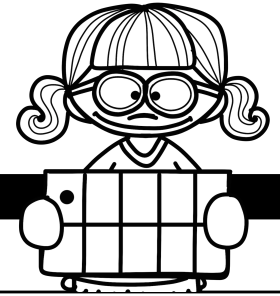


HOME LEARNING ACTIVITIES



COLOUR EACH BLOCK WHEN YOU COMPLETE THE ACTIVITY

<p>Offer to help cooking the dinner / setting the table / cleaning up</p>	<p>Go on a short walk and point out 5 signs of nature</p>	<p>Read a short story book to a younger sibling / family member</p>	<p>Make a card for a neighbour or relative</p>
<p>Listen to your favourite song. Do jumping jacks the whole time the chorus plays</p>	<p>Think about 3 things goals you have for this month. Write them down and keep them somewhere safe.</p>	<p>Call / text / write a short note to someone and thank them for something they did to help you this year</p>	<p>Look at the TV guide. Choose a movie or program to watch and write a short review afterwards.</p>
<p>Play outside for 30 minutes!</p>	<p>Play a song and do 10 burpees + 10 sit ups taking 30 second breaks between each round</p>	<p>Think about your favourite memory. Write a short paragraph and draw a picture to accompany it</p>	<p>Design and draw your own adventure centre. Write descriptions and label each room</p>