**St. Francis Senior School**

Weekly Timetable for Schoolwork at Home

Monday 1st – Friday 5th March 2021

**Remember** to use ‘Look, say, cover, write, check’ when you are learning your spellings this week : )

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Maths**  Begin **week 19** of your Master Your Maths book (Monday) | **Maths**  Continue with **week 19** of your Master Your Maths book (Tuesday) | **Maths**  Continue with **week 19** of your Master Your Maths book (Wednesday) | **Maths**  Continue with **week 19** of your Master Your Maths book (Thursday) | **Maths**  Continue with **week 19 test** in Master Your Maths |
| **English**  Learn your first set of spelling words in unit 16 and do the first 2 activities in your spelling book.    **Reading**  Read today’s piece called ‘Reading Monday - Lunar Eclipse’. Answer questions 1 -5 in your copy. | **English**  Learn your next set of spelling words in unit 16 and do the next 2 activities in your spelling book.  **Reading**  Read today’s piece called ‘Reading Tuesday - Learning the Hard Way’. Answer questions 1 -5 in your copy. | **English**  Learn your next set of spelling words in unit 16 and do the next two activities in your spelling book.  **Reading**  Read today’s text called ‘Reading Wednesday - Dinosaurs’. Answer questions 1 -5 in your copy.  . | **English**  Learn your next set of spelling words in unit 16 and do the last activity in your spelling book.  **Reading**  Read today’s text called ‘Reading Thursday - Origami’. Answer questions 1 -5 in your copy. | **English**  Learn your last set of spelling words and do a spelling test at the back of your book (in the ‘My Spelling Record’ section.  **Reading**  Read today’s text called ‘Reading Friday – Origami Boat’. Answer questions 1 -5 in your copy. |
| **Log on to Google Classroom today to see videos and assignments from the 4th class teachers** | **Log on to Google Classroom today to see videos from the 4th class teachers. Also, take a look at the task you have been given to complete** | **Log on to Google Classroom today to see videos from the 4th class teachers. Don’t forget to complete the tasks you have been given to do.** | **Log on to Google Classroom today to see videos from the 4th class teachers. Remember to complete the tasks you have been given too.** | **Log on to Google Classroom today to see videos from the 4th class teachers. Don’t forget to complete the tasks you have been given to do.** |
| **History**  - The Maori People | **Irish**  - Míonna na Bliana (The months of the Year) | **Art**  - Design a Maori Mask | **S.P.H.E**  - My Kindness Journal | **P.E**  - Healthy Hearts |

**History**

The Maori People

Click on the attached links called ‘The Maoris’ to read information about these people. When you have read through it, pick out eight to ten interesting facts you have learned and use them to create a fact file about the Maori People. You may decide to include information about the following:

* Where they live
* How they spent their time in the past
* Food they eat
* Clothing
* What they are famous for
* Dance/Music
* New settlers coming to New Zealand

**Gaeilge**

Míonna na Bliana

Today you are being asked to create a poster/picture to depict each of the twelve months of the year. You can put all twelve months on one or two pages or you could complete a new picture for each month.  Make each month’s picture as colourful as you can and put the month in Irish somewhere on your picture.

The months or Na Míonna are

·         Eanáir

·         Feabhra

·         Márta

·         Aibreán

·         Bealtaine

·         Meitheamh

·         Iúil

·         Lúnasa

·         Méan Fómhair

·         Deireadh Fómhair

·         Samhain

·         Nollaig

If you go to [www.edcolearning.ie](http://www.edcolearning.ie) they are offering free access to students while the schools are closed. Click on Sin É 4 to view the chapter ‘An Aimsir (The Weather). To access the interactive resources for that chapter, click on ‘Edco Resources’ on the front cover of the book then ‘Interactive Activities’. The chapter you want to see is ch.6 An Aimsir.

**Art**

Designing a Maori Mask

1. Look at the attachment called ‘A sample Maori mask’ to get some ideas of designs you might use in this activity. Also look back at the attachments you read for history, they have some pictures of Maori people’s tattoos.
2. Draw a large oval on a page.
3. Draw a vertical line of symmetry down the centre of the mask (this will be rubbed out once you have finished).
4. Choose what designs you will put on the mask (remember that each side is a mirror image of the other – think back to what we did when we drew the other half of symmetrical shapes/patterns).
5. Colour or shade in the designs on your mask

**S.P.H.E.**

My Kindness Journal

Today in SPHE we are going to focus on remembering to show kindness to our friends, family, classmates and teachers. The act of kindness begins within each of us. If we can learn how to apply kindness in our own daily lives, we will plant kindness in others. Every small act of kindness will help to make the world a better place. In class, we have spoken before about how random acts of kindness make all people involved in it feel good.

Your task for the next three days is to keep a simple kindness journal. Have a look at the one I have attached and use it to write down who you were kind to, what you did and a picture of your act of kindness.

**P.E.**

Healthy Hearts

Today’s P.E lesson uses five activities to create a circuit (see the attachment ‘Healthy Hearts’ for more details). How many times can you repeat the circuit? Challenge yourself then see if you can beat it. Could you challenge anyone at home to join in with you?

Lay out five markers in a space around your home – they could be pieces of paper, beanbags etc…. These are your five cardio circuit activities.

• Station 1: Perform ten star jumps.

• Station 2: Shadow box for ten seconds.

• Station 3: Skip or jump for ten seconds.

• Station 4: Perform ten burpees.

• Station 5: Jog on the spot for ten seconds.